

# **Roar\***

**THE COLLEGE OF NEW JERSEY**

**\*That's what Lions do**



# TCNJ **SLANG**

*Every college has its own “language,”  
comprised of acronyms and slang for the people,  
places, and details that make it unique.*

*Look for the icon throughout this booklet  
to get a head start on our “language!”*

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# Hi!

My name is Lindsay Barndt, and I'll be supporting you throughout your transition to TCNJ.

*I can't wait to meet you on campus soon!*



**Your college journey may have started elsewhere, but we are so glad it's ending with us here at TCNJ.**

*Welcome home!*

## WELCOME, NEW LION!

You may be new here, but thankfully I'm not. Based on my experiences, here are some of my favorite "knowledge nuggets" for you to consider.

### #1

Biggest mistake you can make?

**Forgetting to check your TCNJ email.**

Most offices on campus communicate only through email, and you'll miss important deadlines by not logging in to check every few days.

### #3

TCNJ offers **personalized, collaborative, and rigorous education**. Each of our seven academic schools (and the departments within) does things a little differently. Don't assume your pre-registration process will be exactly the same as someone else's.

### #2

Help me help you via the *Transition Times*.

It's a newsletter emailed to your TCNJ account every two weeks all summer long. It takes two minutes to read and is proven to help keep new students **on track and less overwhelmed**.

### #4

Your PAWS ID number is your **new BFF**. You need those six digits for everything. Memorizing it would be a great idea.

### #5

**SUMMER REMINDER:**

We (TCNJ faculty and staff) like taking time off too! To do research, lead study abroad opportunities, or simply spend time with our families. Please be mindful of this when contacting us, and we will do our best to respond in a timely manner.

**FOR A SNEAK PEEK AT ALL THE AMAZING THINGS WE ARE PLANNING FOR YOU THIS SUMMER, FOLLOW US ON INSTAGRAM (@OST\_TCNJ).**



# SUMMER 2023 **TIMELINE**

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## May

May 5

- **Housing Application Opens**

To apply to live on campus, view the instructions on page 17.

- **Transfer eBook and Placement Book Available**

Access these resources on the New Student Registration and Enrollment: Register the Pride! website ([transferreg.tcnj.edu](https://transferreg.tcnj.edu)) for step-by-step instructions to prepare for registering for your first semester.

- **Online Orientation (NSO 55) Opens**

Students will receive an email sent to their TCNJ email address with access instructions.

May 6

- **Placement Testing Opens (unless otherwise specified)**

Access the Placement Book and determine whether or not you need to take a placement test or assessment in a second language, calculus, or writing.

May 18–19

- **TCNJ Commencement**

Thank you in advance for your patience while we celebrate our graduates!

May 21

- **Placement Tests Due**

Unless otherwise specified, please complete any required tests in calculus, second language, and writing by this date.

May 24

- **Housing Assignments**

Transfer students will be notified of their housing assignments on a rolling basis starting on Wednesday, May 24.

- **AP Scores**

Confirm that College Board will be sending your scores to TCNJ.

## June

June 1

- **Final Transcripts Due**

Transcripts should be sent to:  
Office of Admissions  
PO Box 7718  
Ewing, NJ 08628-0718

- **Financial Aid**

Official financial aid offer notifications are sent to TCNJ email accounts weekly starting in late June.

June 22

- **Transfer Student Orientation**

The finalized schedule and RSVP form for this one-day, on-campus program will be sent to your TCNJ email address in late May. Guests are welcome to attend!

## July

July 15

- **Pre-Entrance Health Requirements Due**

Upload the necessary forms and information by this date to avoid holds (on housing and registration) and late fees.

## August

August 24–28

- **Welcome Week**

A long-standing TCNJ tradition, Welcome Week is the culminating event of your transition to the college. Comprised of 100+ mandatory and optional events, this five-day program for ALL new students will allow you to create memories that will truly last a lifetime. More details, including residential move-in information, will be shared over the summer.

August 29

- **First Day of Classes!**

# CAMPUS MAP



**AIMM:** Art and Interactive Multimedia Building  
**Ed/Ed Caf:** Education Building/Education Café  
**Lib/Lib Caf:** Gitenstein Library/Library Café  
**Mayo:** Mayo Concert Hall (Music Building)

**T-Dubs:** Travers/Wolfe Halls Dining Area  
**The Loop:** Metzger Drive  
 (the road that encloses campus)  
**The Stud:** Brower Student Center

# THE COLLEGE CORE

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*Although students at TCNJ enroll in more than 50 different programs of study, all students complete The College Core. The foundation of your education, The College Core ensures that you have knowledge and skills in areas outside the specific discipline you plan to study.*

Why does TCNJ include this in your college education? Why not just complete a major? The College Core will provide you with the skills, knowledge, and experiences that ensure you will be successful during and after college in both your professional and personal life. It will deepen your understanding of yourself and the world around you and will open your eyes to other worlds and perspectives.

**Employers want broadly trained graduates; in fact, 93 percent of employers say that the ability to think critically, communicate clearly, and solve complex problems is MORE important than a job candidate's specific major.**

There is a good chance that some of the courses you completed at your previous institution will satisfy our college core requirements. If you have an associate degree (AS or AA only) from a **New Jersey** community college that you completed after high school, you are exempt from all college core requirements including the First-Year Seminar (FYS), First-Year Writing (FYW 102), civic responsibilities, and second-language requirements. You will, however, need to complete IDS 102 (Information Literacy Proficiency), as do all undergrads at TCNJ.

If you have another degree (associate from another state, bachelor's) or don't have a degree, your individual courses will be evaluated to determine which ones meet which college core requirements. Although TCNJ courses are worth 4 credit hours, transfer courses need to be worth only 3 credits to satisfy college core requirements. The exceptions are laboratory science courses, which must be worth 4 credits (lecture and lab combined).

As a transfer student, you are exempt from the FYS if you meet one or more of the following criteria:

- Transferred (or will transfer) 7.5 or more course units (30 credits) from a regionally accredited institution of higher learning. In this case, you will also be exempt from the civic responsibilities requirements.
- Completed an entire first-year at a four-year institution (not a community college), even if the credits do not total 30 (7.5 units). You would not be exempt from the civic requirements.
- Completed a content-based, full course (at least 3 credits) that serves as a First-Year Seminar course at your previous institution. Courses that prepare you for college life (e.g., how to study, where to access resources) do not qualify, nor do topics-based writing courses that focus on building writing skills.

As a transfer student, you are exempt from FYW 102 if you meet one or more of the following criteria:

- Transfer a college-level, credit-bearing course (numbered 100 or above) in writing or composition that has been approved by TCNJ as equivalent to FYW 102.
- Earn an AA/AS degree from a New Jersey community college before entering TCNJ.

If you do not meet one of these criteria, you are required to take the Writing Placement test.



# OFFICE OF RECORDS AND REGISTRATION

*Whether it's maintaining the academic and registration calendars, completing degree and enrollment verifications, processing transcript requests, or providing advising resources, the Office of Records and Registration impacts every TCNJ student in a variety of ways.*

There are a few items specific to transfer students that must be completed before arriving on campus in August. Please reference this entire checklist, particularly the Transfer Credit Facts section, and always be mindful of communications from this office!



**Griffin**

*transfer student mentor*

**PAWS**

*Primary Academic Web Services  
(a.k.a. your online student record)*

**Dave Muha**

*associate vice president for college advancement and chief communications and marketing officer (Also known as the snow day announcer!)*

**Roscoe**

*TCNJ's friendly lion mascot  
(He loves high fives!)*

## Enrollment Checklist

*The following five-step enrollment checklist will provide your department and the Office of Records and Registration with the information needed to pre-register you for your class schedule this fall. Visit [transferreg.tcnj.edu](https://transferreg.tcnj.edu) for more information.*

### ○ Placement Testing (May)

As a student enrolling at TCNJ, you may be required to take placement tests or meet departmental assessments to ensure appropriate course placements. Access the Placement and Assessment Booklet via [transferreg.tcnj.edu](https://transferreg.tcnj.edu) or your online orientation (NSO55) to determine what, if any, placement tests you need to take. Most TCNJ placement tests are administered online.

### ○ Final Credentials (June)

If you haven't already done so, please request to have your final college transcript sent ASAP to:

The College of New Jersey  
Office of Admissions  
PO Box 7718  
Ewing, NJ 08628-0718

If you are graduating with an associate degree, this information needs to be posted on your transcript.

### ○ AP Scores

Please request to have any official Advanced Placement test scores sent electronically to us from College Board.

Visit [apscore.collegeboard.org/scores/score-reporting](https://apscore.collegeboard.org/scores/score-reporting) to learn how to have your scores forwarded to TCNJ's Office of Records and Registration. Visit [tcnj.edu/advanced-placement](https://tcnj.edu/advanced-placement) to review the current AP Legend for TCNJ.

### ○ Your Class Schedule (July)

Your fall schedule will be available in PAWS to review, just prior to orientation. Questions or concerns can be addressed at your department session during Transfer Student Orientation on Thursday, June 22.



## ○ Transfer Credit Facts

- TCNJ is on a unit system (1 unit = 4 credits).
- 3 credits in transfer equals .75 TCNJ units.
- 16 units (64 credits) is the transfer credit maximum from a two-year institution.
- 20 units (80 credits) is the transfer credit maximum from a four-year institution.
- Pre-algebra, algebra, and reading courses will not be accepted in transfer.
- A minimum grade of “C” is required to transfer a course
- Courses and credits transfer, not the letter grade. Students will start at TCNJ with a 0.00 GPA.
- Placement testing is required for all students wishing to transfer second-language courses to TCNJ (based on the student’s major).
- Students transferring with fewer than 7.5 units (30 credits) will be classified as freshman-level transfer students.
- Freshman-level transfer students will be required to complete all courses that our “first-year” freshman students are required to complete, including the First- Year Seminar (FYS) course and the civic responsibilities courses (race and ethnicity, gender, and global).

- Students entering TCNJ with 7.5 units (30 credits) or more will not be required to complete the FYS course or any civic responsibilities requirements at TCNJ.
- In some cases, students may need to seek further evaluation of their credits from their department chairperson.

## ○ Special Message to Associate Degree Students

Transfer students receiving an AA/AS degree from a New Jersey community college will receive “full faith in credit” under the Lampitt Bill/Comprehensive Transfer Agreement. (AAS and AFA degrees do not fall under the Lampitt Bill.) TCNJ will accept the entire degree up to our credit maximum of 16 units (64 credits), and the student will enter TCNJ with junior standing. Junior standing at TCNJ is 16 units (64 credits).

Please note that associate degrees with less than 64 credits will place students at sophomore standing. Students will have satisfied all liberal learning (general education) requirements at the college, including second-language requirements.



# OFFICE OF STUDENT FINANCIAL ASSISTANCE

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*In preparation for the 2023–24 Academic Year, the Office of Student Financial Assistance has outlined some important reminders about the financial aid process for both financial aid applicants and non-*

*financial aid applicants. We are here to counsel you on various resources to help fund your college education. Please do not hesitate to contact our office if you need additional assistance.*

## Financial Aid Applicants

### Private Scholarships Reporting

Students must report all private scholarships and grants to this office. Doing so will ensure that your student account will be credited with the correct offer amount and be deducted from your fall tuition bill. Log into PAWS to complete and submit the Private Scholarship Information Form.

PAWS Main Menu → Student Self Service → Campus Finances → Report Private Scholarships

## All Students

### Authorized Users (Auxiliary Access)

Our office recognizes that there is a delicate balance between the responsibility for maintaining student privacy rights and providing effective and efficient service to our students. Due to the federal law known as Family Educational Rights and Privacy Act (FERPA), we are unable to correspond with anyone other than the student regarding financial aid. This authorized user feature allows students to grant a third party (parent, grandparent, aunt, etc.) the ability to review, at the student's discretion, financial aid, billing emails, bill payment, and student record information. Visit the Student Accounts section for more details.

## Non-Financial Aid Applicants

## Financial Aid Offer Notifications

Financial aid offer notifications will be sent in late June to eligible students who have completed their applications and financial aid file. The notifications are emailed on an ongoing basis as students' files are completed and verified. Students should monitor their TCNJ email account regularly for instructions to review financial aid offers in PAWS.

## Federal Verification

If there are outstanding items in a student's PAWS "To Do List," financial aid offers cannot be processed until these items are submitted and reviewed.

## State Verification

The New Jersey Higher Education Student Assistance Authority may have selected some students for state verification before confirming their eligibility for the New Jersey Tuition Aid Grant.

NJHESAA would have contacted students via email regarding outstanding documents. Students can check the status of their NJTAG offer by visiting [njgrants.org](http://njgrants.org) and logging in to their NJFAMS account. NJHESAA Customer Care Representatives may be contacted by calling 1.800.792.8670. All students will receive an email regarding eligibility for the NJTAG.

## Alternative Loans

Students who are considering applying for an alternative loan should refer to the Alternative Student Loan list at [tcnj.edu/alt-student-loans](http://tcnj.edu/alt-student-loans). To estimate the alternative loan amount needed, refer to the 2022–23 cost of attendance information at [tcnj.edu/cost-of-attendance](http://tcnj.edu/cost-of-attendance). Students can begin to apply for alternative loans in June. If you prefer to wait until the 2023–24 Tuition and Fees rates are announced in July, the amounts can be confirmed in the initial fall 2023 bill. Bills will be emailed to students' TCNJ email account by the Office of Student Accounts.

## Installment Payment Plan

Information regarding the installment payment plan will be included in the initial fall bill. For additional information, please visit [tcnj.edu/payment-plan](http://tcnj.edu/payment-plan) or call the Office of Student Accounts at 609.771.2172.

There is still time to complete the Free Application for Federal Student Aid (FAFSA). To file the FAFSA, visit [fafsa.gov](http://fafsa.gov) (**TCNJ School Code: 002642**). Please allow two weeks for processing. Students who are a New Jersey residents and want to be considered for state aid should click the State Application link on the FAFSA confirmation page to answer the state questions. Please note that TCNJ cannot certify any alternative loan unless a FAFSA is on file.

Students selected for federal and/or state verification should refer to the information under "Financial Aid Applicants." Financial aid offer notifications are sent to students' TCNJ email accounts on a weekly basis upon completion of their financial aid file.

# OFFICE OF STUDENT ACCOUNTS

*The Office of Student Accounts serves the students, faculty, and staff at The College of New Jersey by providing several important services. In preparation for the 2023–24 academic year, please read below to learn more about billing, the tuition payment plan, authorized users, the TCNJ ID Card, parking services, and the student health insurance plan waiver/enrollment process.*

## Billing

### General Overview

TCNJ bills separately for the fall and spring semester. Per college policy, billing statements are sent to students (via their TCNJ email address) and authorized users. The college does not send paper bills to students' home residences. Please check your email regularly to ensure timely payment and to avoid incurring any late-payment fines.

The college offers multiple payment options, including online (credit card or e-check), mail, wire transfer, or in person (cash or check only; cash requires a government issued ID). If paying by credit card, please note there is a convenience fee charged by our third-party processor. If paying by paper check, please make sure to notate the student's name and PAWS ID number.

Visit the billing website ([studentaccounts.tcnj.edu/billing](http://studentaccounts.tcnj.edu/billing)) for more details and to access the fall 2023 billing calendar.

### Mandatory Fees

These charges are reviewed and approved by the TCNJ Board of Trustees and charged as part of the semester billing statement. Mandatory fees include the General Service Fee/Capital, Student Center Fee, Student Activity Fee, Student Transitions Fee, and Card Service Fee.

### Student Refunds and Withdrawal/Leave of Absence

Student refunds are processed based on the TCNJ Refund and Repayment Policy. Visit the Student Accounts website ([studentaccounts.tcnj.edu/](http://studentaccounts.tcnj.edu/)) for more details, including information on financial aid disbursements and overpayments. Refunds are distributed as either checks via U.S. mail or direct deposit into a student's bank account. The student would need to sign up for direct deposit prior to the refund being processed.

Students who withdraw or take a leave of absence may receive a certain percentage refund of paid tuition and fees based on how quickly they notify the college and complete the withdraw or leave of absence process.

**Prior to the Start of the Semester or During the Add/Drop Period:** 100% refund

**End of Add/Drop Period to End of Third Week of Classes:** 75% refund

**End of Third Week of Classes to End of Fifth Week of Classes:** 50% refund

Please view the online academic calendar ([tcnj.edu/academiccalendars](http://tcnj.edu/academiccalendars)) for specific dates. After the fifth week of classes, there are no refunds issued if a student withdraws or takes a leave of absence.

A student who reduces his or her course load from full to part time will receive a refund of only billable tuition and fees on or before the official last day of the Add/Drop period.

## Tuition Payment Plan

*Transact Campus is the only payment plan offered by The College of New Jersey. It allows you to pay your semester charges for tuition, fees, and room and board in installments. For more information, visit [tcnj.edu/payment-plan](http://tcnj.edu/payment-plan).*

### Tuition Payment Plan Features

- Pay for your bill in monthly installments
- Minimal enrollment fee
- No interest charged (this is not a loan)
- No credit check or co-signer needed
- Flexibility to adjust the payment plan as needed throughout the semester
- Monthly payments due on the 25th of every month

### Semester Installment Plan

- Six monthly payments, due on the 25th of each month
- \$25 enrollment fee (subject to change)
- Fall semester plan runs from July 25 to December 25
- Spring semester plan runs from January 25 to June 25

### Enrollment Timeline

**Early July 2023:** Enrollment is available online.

**Late July 2023:** The fall semester bill will be available on PAWS. Students will be notified of the bill via email notifications to their TCNJ email account. Please review the bill and sign up for the payment plan (if applicable).

**July 25, 2023:** First payment due date.

## Authorized Users

An authorized user is an individual who has been granted permission, by a student, to view and discuss the student's billing, financial aid, and/or education records. In accordance with the Family Educational Rights and Privacy Act, TCNJ students are eligible to grant authorized user access to up to three individuals with whom they wish to share their account details. Once enrolled, these individuals are granted access to the college's online record system (PAWS) and are eligible to discuss pertinent account details with TCNJ officials who would otherwise be able to discuss this information only with the student.

Instructions on how to set up an authorized user can be found at [authorizeduser.tcnj.edu](http://authorizeduser.tcnj.edu).

## TCNJ ID Card

The TCNJ ID Card is the official photo identification card for the college, providing easy access to college resources and to a wealth of innovative technologies. It allows entrance into campus buildings, fitness facilities, labs, and campus events in addition to hosting your meal plan and Get-It Points for spending.

The ID card is the property of The College of New Jersey and is non-transferable. Only the person pictured on the ID card will be permitted to spend funds from the account, and at some locations the cardholder will be required to sign a receipt for goods purchased. ID cards will be confiscated if presented by someone other than the cardholder or if the card is involved in inappropriate or illegal use. Fraudulent use of the card will result in disciplinary action.

Students will receive guidelines and instructions on how to upload a photo for their TCNJ ID Card in early summer.



*EduRoam*  
TCNJ's WiFi access



# OFFICE OF STUDENT ACCOUNTS *(continued)*

## Get-It Points

The TCNJ ID Card also contains a debit-based feature, where students or parents/guardians can deposit money onto the card via one of the methods listed below. Get-It Points can be used on purchases at the TCNJ Bookstore and certain eateries on campus (including the C-Store and Traditions), as well as for printing services.

There are several ways to make a deposit to your Get-It account:

- Through the Online Card Office via credit card (Visa, MasterCard, and Discover are all accepted)
- At the PHIL machine via cash or credit card (located in the Gitenstein Library)
- By in-person deposit at the Office of Student Accounts (Green Hall, Room 119) via cash, check, or credit card

The ID card functions strictly as an electronic wallet system. Cash cannot be withdrawn from this account. Refunds are available only when a student will no longer be attending TCNJ (i.e., graduates or withdraws from the college), and are mailed in the form of a check to the student's permanent living address.

## Parking Services

A transfer student who has completed at least two semesters at another institution is permitted to have a vehicle on campus, as is any student who will be commuting. Students may purchase a parking decal online in early August through the Campus Automobile Registration System (CARS). Visit [parking.tcnj.edu](http://parking.tcnj.edu) to access.

Transfer students who have completed less than two semesters at another institution and plan to live on campus will not be permitted to have a vehicle. However, they are allowed to purchase a parking permit for a maximum of two weeks per semester. To obtain this permit, students must bring their license, vehicle registration, and full payment to the Office of Student Accounts (Green Hall, Room 119) during normal business hours.

Visitors may obtain a daily visitor parking pass from Campus Police (Administrative Services Building) or the Information Booth located in front of Trenton Hall. For a list of parking lot numbers and locations, visit [parking.tcnj.edu/parking-map/](http://parking.tcnj.edu/parking-map/).

## Citation Appeals

All parking citations that are believed to be unjustly received may be appealed. Appeals must be filed within 30 days of issuance and submitted electronically on the proper form. Appeals will be handled in accordance with TCNJ's Citation Appeals Board procedures. To file an appeal, log into CARS and click on the "Outstanding Citations" link. Questions may be emailed to the Parking Manager by emailing [parking@tcnj.edu](mailto:parking@tcnj.edu) or by calling 609.771.3144.

## Student Health Insurance Plan

All full-time students are charged for the Student Health Insurance Plan (SHIP). All full-time students will need to either enroll in or waive the health insurance coverage. There will be an enrollment/waiver period for students to complete either process. If students have health insurance coverage through an outside provider, they may complete the waiver process. Over the summer, all full-time students will be sent an email to their TCNJ email account with comprehensive details on how to enroll/waive and the deadlines.

## Tuition Refund Insurance

TCNJ is pleased to offer Tuition Refund Insurance through GradGuard. This program provides students with an exclusive suite of benefits designed to help protect you during your academic year. This insurance policy will potentially refund you for the cost of tuition, fees, room and board, up to the chosen policy limits should you not be able to complete an academic term, as recommended by a doctor, for a covered medical reason. Additional information can be found at [tcnj.edu/tuition-refund-insurance](http://tcnj.edu/tuition-refund-insurance).

## Tax Credit for Higher Education

Each year, TCNJ prepares and sends a 1098T Tuition Statement Form to all students who made payment toward qualified tuition and related expenses during the prior tax year. These forms are mailed or sent electronically no later than January 31 of the following year.

## Tutorials

There are tutorials and user guides for many of the items discussed in this section. For further information, please view: [studentaccounts.tcnj.edu/paws-tutorials/](http://studentaccounts.tcnj.edu/paws-tutorials/).



**CA**  
*Community Advisor*

# HEALTH AND WELLNESS SERVICES

## Counseling and Prevention Services

College is often an exciting time filled with great opportunities to learn, grow, and experience new things. It can also create a significant amount of stress. Knowing the mental health and wellness resources available to you will help you plan for those times you might need a little extra support.

**Counseling and Prevention Services (CAPS)** offers counseling, prevention, postvention, advocacy, crisis support, and recovery support services for all currently enrolled students. CAPS has two campus locations: Eickhoff Hall, Suite 107, and Forcina Hall, Suite 308. Clinical and prevention services include brief, solution-focused individual counseling; a wide range of theme-focused, skill-based, and process-oriented groups; crisis intervention services; alcohol and drug support and recovery services; anti-violence initiatives; outreach; consultation and training to faculty and staff; and graduate student clinical training. A clinical case manager also helps connect students to referrals and other support services both on and off campus. Here are just a few of the common reasons students seek support at CAPS:

- Stress and anxiety
- Depression and loneliness
- Trauma or grief
- Adjustment challenges
- Substance abuse concerns
- Sexual assault/Dating violence
- Relationship difficulties
- Questions about identity

- Managing existing mental health conditions
- Recovery support

CAPS is staffed by a team of licensed mental health professionals as well as interns from both master's and doctoral degree-granting programs under the direct supervision of licensed professionals. All staff members have expertise in working with college student concerns. We maintain a large database of community providers (including programs on or adjacent to campus) who can provide specialized and longer-term care if needed.

Access to services is simple. Just fill out a brief online Request for Services form located within the Online Wellness Link (OWL) portal at [tcnj.mediatconnect.com](http://tcnj.mediatconnect.com), to help us determine how to help. You will then be contacted by a staff member to discuss next steps (generally within a day or two).

CAPS is part of the Health and Wellness Unit at TCNJ. All areas within the Health and Wellness Unit work collaboratively to offer the best services and education to students. Health and Wellness areas include:

- CAPS: Alcohol and Other Drug (AOD) Support Services
- CAPS: Anti-Violence Initiatives
- CAPS: Mental Health Services
- Recreation and Wellness
- Religious and Spiritual Life
- Student Health Services



# HEALTH AND WELLNESS SERVICES *(continued)*



## Student Health Services

Student Health Services (Eickhoff Hall, Suite 107) provides confidential, convenient, and cost-effective health care services to currently enrolled TCNJ students.

Their team of medical professionals has expertise in primary care as well as specializations in sexual and gynecological health and travel medicine and can provide students with a range of services, including: physicals/wellness visits; management of acute problems such as respiratory illnesses, stomach pains, sprains and strains, and skin rashes; testing for sexually transmitted infections; travel and routine immunizations; and TB testing. More information can be found on the Student Health Services website at [health.tcnj.edu](http://health.tcnj.edu).

Hours of operation during the fall and spring semesters are Monday to Friday, 8:30 a.m. to 4 p.m. It is easy to schedule an appointment using the Online Wellness Link, [OWL](#), or by calling 609.771.2889.

Student Health Services works to create an open, safe, and inclusive environment for all students, regardless of sexual orientations and gender identities. All medical care is strictly confidential. We want students to be open and honest with us about their concerns and to trust that we safeguard the privacy and security of their health care information. Information about a student's visit to the office can be released only with the express permission of the patient unless mandated by law.

Student Health Services is not able to provide the following: allergy shots; care or monitoring of chronic (long-term), unstable, or complicated health conditions; collection of specimens for laboratory tests ordered by the student's health care provider; physical therapy; on-site pharmacy; administration of medication or treatments ordered by the student's health care provider, dental care, space in the office for infusions and treatments; or the receipt or storage of a student's personal medication or medical supplies.



# TCNJ Pre-Entrance Health Requirements—Due July 15

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The state of New Jersey and TCNJ mandate that incoming students meet pre-entrance health requirements. These requirements apply to students who live on and off campus. **The due date for completion of health requirements is July 15, 2023.**

Pre-entrance health requirements take time to complete. It is important to get started right away by accessing your online new student orientation (NSO 55). This will direct you to the Pre-Entrance Health Requirement webpage. It is important to carefully follow the instructions to ensure you have submitted all necessary information. If you are missing any required vaccinations, contact your health care provider or local retail pharmacy to receive them. Please email Student Health Services at [health@tcnj.edu](mailto:health@tcnj.edu) if you have any questions or problems.

After you submit your health requirements, they will be reviewed by the immunization compliance specialist in Student Health Services, and you will receive notice of the outcome of this review. This email will be sent to your TCNJ email address, so please continue to check it regularly.

**Students with incomplete pre-entrance health requirements on August 1, 2023, will incur a registration hold and, if applicable, be placed on the “No Move-In List” for TCNJ housing.** These holds will be released when pre-entrance health requirements are complete. Students who have not completed health requirements by August 10, 2023, will incur a nonrefundable \$50 late fine. Students living off campus who have not completed health requirements by October 1, 2023, will incur an additional nonrefundable \$50 late fine. Extensions will be provided only to students who qualify for a temporary or permanent medical exception.

**PLEASE NOTE:**

Prospective varsity student-athletes must complete additional health requirements. These requirements are submitted to the athletic training staff in the Department of Athletics through the “Magnus Health” portal. More information will be emailed to all varsity student-athletes over the summer.

Students who submitted health forms to attend Pre-College Summer Programs at TCNJ must still complete the TCNJ Pre-Entrance Health Requirements for incoming undergraduate students.



# RESIDENTIAL EDUCATION AND HOUSING

## Our Philosophy

Living in a residence hall is not only a practical experience but also a social and educational one. Residential Education and Housing has a curricular approach meant to assist students in developing skills related to health and wellness, cultural competence, responsible citizenship, and identity development. Our halls are diverse communities where students from different races, ethnicities, religions, political affiliations, sexual orientations, and many other identities come together to live and learn.

We support this by having a team of professional staff members with master's degrees in student development, higher education, or a related field who live in the residence halls and support students via programming and coaching. Additionally, we have one well trained student staff member (we call community advisor, or CA) per floor who are assigned to help these communities develop and assist individuals in navigating the challenges of living in the residence halls and being a college student.

TCNJ houses students according to cohort. This means all sophomores live together, all juniors and seniors live together, and all first-year students live together. This allows us to provide support, programming, and resources most relevant to the developmental needs and interests of students.

Living in the residence halls is a significant adjustment from living at home with family or other support networks. Most of our students will have a roommate and share a small space for the first time in their lives. It may also be their first time living away from family. We especially recommend you review our website to learn more about how the college helps students navigate community and roommate conflicts. Specifically:

- All roommates are expected to complete a shared living agreement to discuss expectations related to noise, guests, cleanliness of the room, and which personal belongings are sharable and which are not.

- In some buildings, we have semi-private bathrooms or kitchens. Students living within those suites or apartments will need to collaborate to determine common-area cleaning expectations and a system for sharing purchases like toilet paper.
- When conflict occurs, our first step is to revisit the shared living agreement or recommend mediation. In some cases, residents may work with our office to coordinate a room change, provided there is a vacancy.



*Decker  
Decker Hall*

*Haus  
Hausdoerffer Hall*

*Nors  
Norsworthy Hall*

*Phelps  
Phelps Hall*

*Townhouses  
Townhouses South, East, and West*

## I Want to Live on Campus!

*Applying for housing at TCNJ is easy as 1-2-3!*

**#1**

Visit [housing.tcnj.edu](https://housing.tcnj.edu) and click on the "MyHousing" login under Quick Links. Once logged in, select Housing Application.

**#2**

Click on the Academic Year 2023-24 application.

**#3**

Fill out the required information, including your personal profile and emergency contact information.

# RESIDENTIAL EDUCATION AND HOUSING *(cont'd)*

- Living with people you don't know well is challenging. Living with those you know well but have never lived with is often more difficult. By participating in this process of revisiting the roommate agreement and mediation, students are often able to create effective resolutions to their conflict. They also gain confidence and skill in communication and conflict resolution.

Below, you'll find information to help you prepare to become a residential student. Please be sure to visit [housing.tcnj.edu](https://housing.tcnj.edu) for even more information, including a suggested packing list, policies, videos, images of residential facilities, and more!

Housing applications will be available beginning **the first week of May**. Transfer students will be notified of their housing assignments on a rolling basis starting on **May 24, 2023**.

## Housing Accommodations

Students who believe they need special housing accommodations for medical or physical challenges must work directly with our Accessibility Resource Center. Information about the process can be found at [arc.tcnj.edu](https://arc.tcnj.edu). Please note: Students approved for accommodations may live in a residence hall that is not within their cohort.

## Move-In Requirement – Clear Health Hold

The state of New Jersey and TCNJ require all new students to complete pre-entrance health requirements as a condition for entry to campus housing. Please review the Pre-Entrance Health Requirements section of this booklet for more details.

## BRING THIS, **NOT THAT!**

*As stores start promoting all those amazing “back to school” sales, please keep a few things in mind.*

### #1

Aside from personal essentials, don't make major shared purchases (i.e., TV, fridge) until you have your roommate assignment.

### #2

Be aware of our Residential Expectations: Behavioral Expectations and Regulations. There are a number of prohibited items.

That cool wall-sized tapestry you bought last weekend could be a fire hazard that you would need to send back home.

Here are just a few of the more common items:

### Bring This

*Surge protector*

*Fans*

*Plug-in air fresheners,  
air deodorizers*

### Not That!

*Extension cords*

*Portable heaters or  
air conditioners*

*Candles or incense*

### Why?

*Extension cords are meant for temporary use and can be a fire hazard with frequent or long-term use. Surge protectors will protect valuable electronics from power surges, and many do come with longer cords.*

*Portable heaters and air conditioners can overwhelm the electrical capacity of the residence halls.*

*Candles and incense are fire risks.*



# MEAL PLANS

## Meals Per Week Plans

Who is eligible: All TCNJ students (residents and commuters)

Meals per Week plans are by far the most popular among students living on campus. They offer students flexibility and variety at a great value.

Meals per Week plans contain three main components:

- **Access to The Atrium at Eickhoff:** Set number of times to access The Atrium at Eickhoff each week.
- **Points:** These points give you flexibility around campus, as these can be used at any of our retail locations. One point = \$1. Points carry over from fall to spring as long as you have a spring meal plan. However, any remaining points are forfeited at the end of the spring semester.
- **Meal Equivalency and Guest Swipes:** The 19, 15, and 10 Meals per Week plans also include (5) Meal Equivalencies and (2) Guest Swipes per week (Monday–Friday). A Meal Equivalency can be used at retail dining locations, and Guest Swipes can be used to swipe in a non-meal plan holder. Only one Meal Equivalency swipe may be used per day for a maximum of \$8.50.

To explore options for meal plan changes, students can visit the MyHousing Portal. The deadline for meal plan changes is August 30, 2023.

Please refer to the chart below for details on our Meals per Week plans:

Plan	Flex Points for 2022–23*	2022–23 Pricing Per Semester*
<b>19 Meals per Week</b>	\$185.00	\$2,581.63
<b>15 Meals per Week</b>	\$308.00	\$2,527.85
<b>10 Meals per Week</b>	\$485.00	\$2,468.68

\*All pricing and point allocation stated reflects the 2022–23 academic year rates. There will be a fee increase for the 2023–24 academic year, as determined at the July 2023 Board of Trustees meeting. Please check the [dining](#) website for updates.

# A La Carte Plans

Who is eligible: juniors and seniors residing in TCNJ housing

A La Carte meal plans provide dining points for students to use at any dining location on campus. Point amounts and prices stated below are per semester, where the student receives one point per \$1. Points carry over from fall to spring as long as the student has a spring meal plan; however any remaining points are forfeited at the end of the spring semester. First- and second- year students living on campus are not permitted to select an A La Carte meal plan.

Plan	2022–23 Pricing Per Semester*	Flex Points
<b>A La Carte 1</b>	\$2,097.57	\$2,097.57
<b>A La Carte 2</b>	\$1,801.76	\$1,801.76
<b>Apartment**</b>	\$1,033.73	\$1,033.73

\*All pricing and point allocation amounts stated reflect the 2022–23 academic year rates. There will be a fee increase for the 2023–24 academic year, as determined at the July 2023 Board of Trustees meeting. Please check the [dining](#) website for updates.

\*\*The Apartment plan is available only to upper class residents of Phelps and Hausdoerffer Halls.





Yearly  
Rental Fee  
\$169.99

# “Move-In Day” Just Got Much Easier.

Geared toward today’s student, our easy online ordering option means just a couple of clicks and you’re on your way!

**MyMicroFridge.com Delivers. Literally.**  
Order by August 1st and your MicroFridge will be in your room before you arrive on campus.

Specially designed for residence hall rooms, our units offer plenty of space for both roommates. **Share the cost**, and **avoid the expense and hassle** of purchasing, transporting, and storing a unit of your own.

And no worries, if both roommates reserve one we will automatically refund one order.



## Refrigerator

- › 2.13 cu. ft. Fridge
- › Two full-width wire shelves
- › Two door racks with 2-liter bottle storage
- › Temperature control

## Freezer

- › .74 cu. ft. freezer
- › Separate zero-degree frost-free freezer provides long-term frozen food storage
- › Full-width door shelf

## Microwave

- › 700 watts provide superior cooking
- › Electronic touch pad controls with LED display and clock
- › 3 cooking levels – high, medium and defrost
- › Turntable system provides even cooking

Visit us at [mymicrofridge.com](http://mymicrofridge.com) or call 1.800.525.7307



# HELPFUL LINKS

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**Accessibility Resource Center:**

[arc.tcnj.edu](http://arc.tcnj.edu)

**Authorized Users:**

[authorizeduser.tcnj.edu](http://authorizeduser.tcnj.edu)

**Billing:**

[studentaccounts.tcnj.edu/billing](http://studentaccounts.tcnj.edu/billing)

**Card Services:**

[cardservices.tcnj.edu](http://cardservices.tcnj.edu)

**College Board (AP Scores):**

[apscore.collegeboard.org/scores](http://apscore.collegeboard.org/scores)

**Computer Recommendations:**

[tcnj.edu/laptops](http://tcnj.edu/laptops)

**Counseling and Prevention Services:**

[caps.tcnj.edu](http://caps.tcnj.edu)

**Dining Services:**

[tcnj.sodexomyway.com](http://tcnj.sodexomyway.com)

**Family Education Rights and Privacy Act (FERPA):**

[recreg.tcnj./student-privacy-rights](http://recreg.tcnj./student-privacy-rights)

**First-Year Experience (Summer Reading Program Information):**

[fye.tcnj.edu](http://fye.tcnj.edu)

**First-Year Seminar (FYS):**

[fsp.tcnj.edu](http://fsp.tcnj.edu)

**IT Help Desk:**

[helpdesk@tcnj.edu](mailto:helpdesk@tcnj.edu)

**Online Wellness Link:**

[tcnj.medicatconnect.com](http://tcnj.medicatconnect.com)

(Patient Portal)

**Register The Pride (New Student Registration and Enrollment):**

[transferreg.tcnj.edu](http://transferreg.tcnj.edu)

**Residential Education and Housing:**

[housing.tcnj.edu](http://housing.tcnj.edu)

**Student Accounts:**

[studentaccounts.tcnj.edu](http://studentaccounts.tcnj.edu)

**Student Financial Assistance:**

[financialaid.tcnj.edu](http://financialaid.tcnj.edu)

**Student Health Services:**

[health.tcnj.edu](http://health.tcnj.edu)

**Student Transitions:**

[studenttransitions.tcnj.edu](http://studenttransitions.tcnj.edu)

**TCNJ Today:**

[today.tcnj.edu](http://today.tcnj.edu)

**The College Core:**

[liberallearning.tcnj.edu](http://liberallearning.tcnj.edu)

**Tuition Payment Plan:**

[tcnj.edu/payment-plan](http://tcnj.edu/payment-plan)

**Tutoring Center:**

[tutoringcenter.tcnj.edu](http://tutoringcenter.tcnj.edu)

**Writing Program:**

[writing.tcnj.edu](http://writing.tcnj.edu)

# NOTES

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A series of horizontal dotted lines for writing notes.



