

# **Roar\***

**THE COLLEGE OF NEW JERSEY**

**\*That's what Lions do**



# TCNJ **SLANG**

*Every college has its own “language,”  
comprised of acronyms and slang for the people,  
places, and details that make it unique.*

*Look for the icon throughout this booklet  
to get a head start on our “language!”*

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# Hi!

My name is Lindsay Barndt, and I'll be supporting you throughout your transition to TCNJ.

*I can't wait to meet you on campus soon!*

WELCOME,  
**NEW LION!**



**Enjoy the journey.  
Embrace the excitement  
(and the nervousness!)  
and remember that we are  
all in this together.**

*You have more support  
than you can even  
begin to realize.*

WELCOME,  
**PARENTS AND  
GUARDIANS!**

You may be new here, but thankfully I'm not. Based on my experiences, here are some of my favorite "knowledge nuggets" for you to consider.

## #1

Biggest mistake you can make?  
**Forgetting to check your TCNJ email.** Most offices on campus communicate only through email, and you will absolutely miss important deadlines (including online orientation) by not logging in to check every few days.

## #2

Help me help you via the *Transition Times*. It's a newsletter emailed to your TCNJ account every two weeks all summer long. It takes two minutes to read and is proven to help keep new students **on track and less overwhelmed**.

## #3

TCNJ offers **personalized, collaborative, and rigorous** education. Each of our seven academic schools (and the departments within) does things a little differently. Don't assume your pre-registration process will be exactly the same as someone else's.

## #4

Your PAWS ID number is officially your **new BFF**. You need those six digits for everything. Memorizing it would be a great idea.

## #5

### SUMMER REMINDER:

We (TCNJ faculty and staff) like taking time off too! To do research, lead study abroad opportunities, or simply spend time with our families. Please be mindful of this when contacting us, and we will do our best to respond in a timely manner.

We both know that you will play an integral part in supporting your student through this period of big change, so here are some tips for you as well!

## #1

The *Transition Times* is for you too! Parents and guardians can **opt in at any time** and have it sent to their personal email address. Email the Office of Admissions ([admiss@tcnj.edu](mailto:admiss@tcnj.edu)) and ask to be added to your student's online portal.

## #2

**COACH. DON'T DO.** Reinforcing action items and deadlines to help your student stay on track is great, but they should take ownership over this process and lead the way.

## #3

Quiz your student on that PAWS ID number. It really *is* needed for everything!

## #4

If you can, **attend any in-person or virtual parent sessions over the summer**. There is currently no parent programming during Welcome Week in August, so this is your best opportunity to learn about campus resources and student support services, and to get YOUR questions answered!

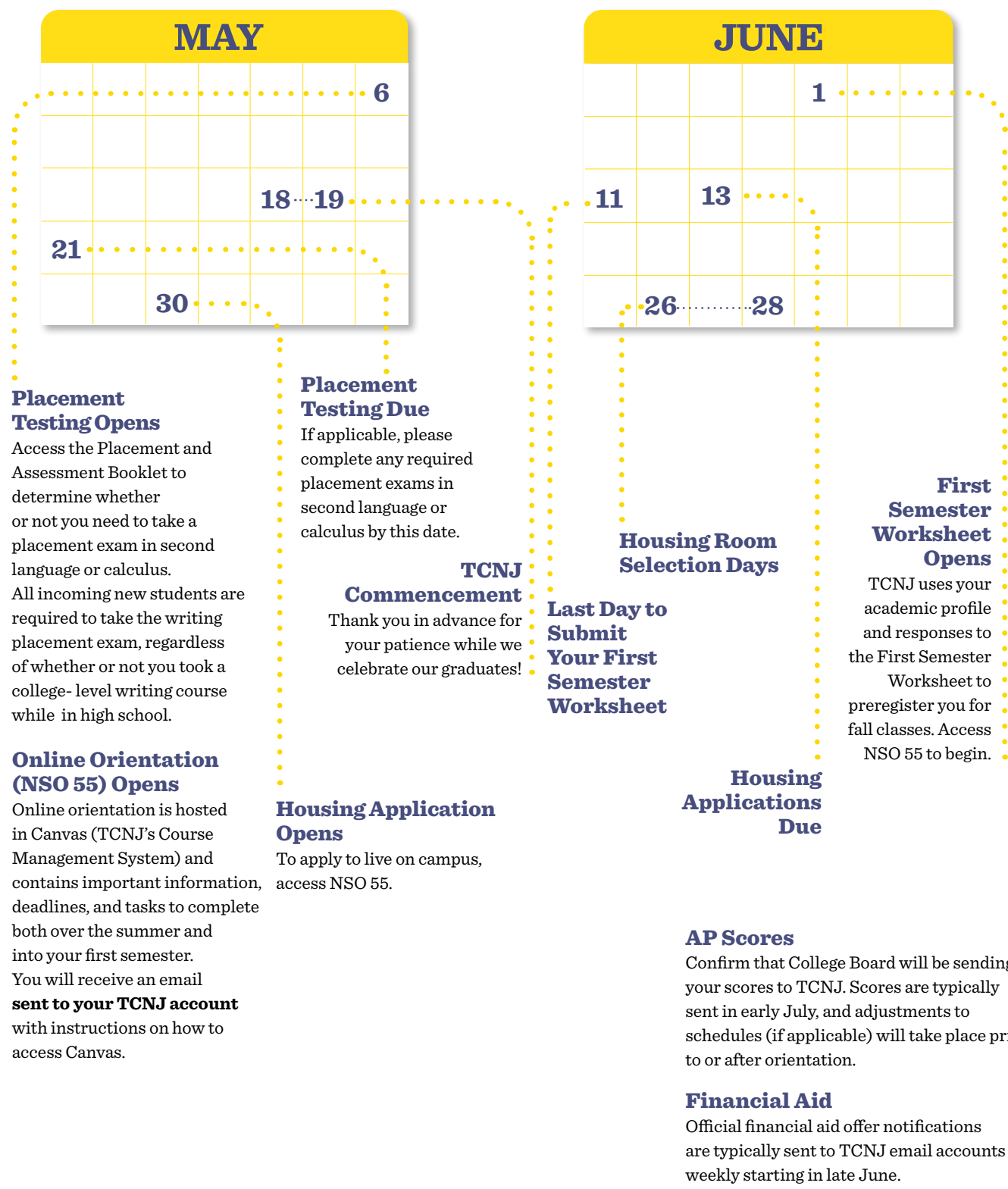
## #5

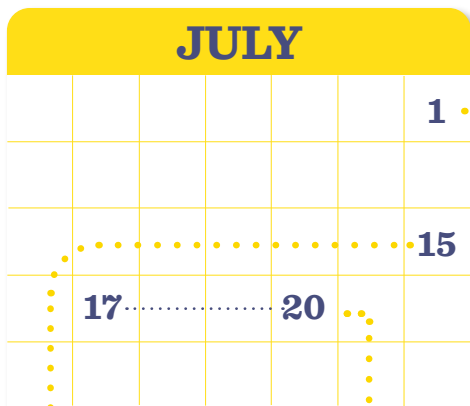
**I SEE YOU, TOO.** While my primary focus is your student, I am a mother of two (10 and 4 1/2). I can only imagine how excited and nervous you must be. If there is any way I can help, please don't hesitate to contact me.

**FOR A SNEAK PEEK AT ALL THE AMAZING THINGS WE ARE PLANNING FOR YOU THIS SUMMER, FOLLOW US ON INSTAGRAM (@OST\_TCNJ).**



# SUMMER 2023 **TIMELINE**





### Pre-Entrance Health Requirements Due

**Orientation**  
Students are assigned one date (right) based on their academic major. School of Education students attend based on their content area. The finalized schedule and RSVP form will be sent to your TCNJ email address in mid-late June, and parents/guardians are encouraged to attend!

**Pathways Program**  
All incoming students in the Pathways Program will attend their one day orientation on Thursday, July 13.

### Final High School Transcripts Due

Transcripts should be sent to:  
Office of Admissions  
PO Box 7718  
Ewing, NJ 08628-0718

#### Monday, July 17:

School of the Arts and Communication; School of Education (including Undeclared-Education students and Speech Pathology majors); School of Engineering

#### Tuesday, July 18:

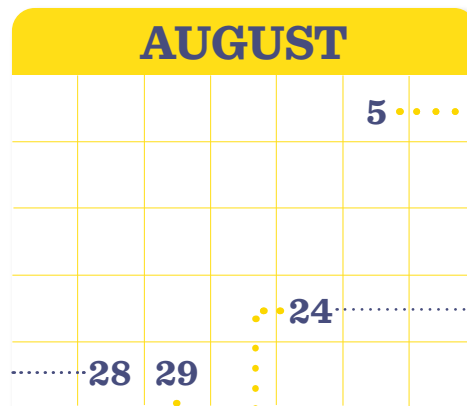
School of Education;  
School of Science

#### Wednesday, July 19:

School of Education;  
School of Humanities and Social Sciences

#### Thursday, July 20:

School of Business; School of Nursing and Health Services;  
Center for Student Success (Undeclared-General Students)



### Summer Reading Assignment Due

Visit NSO 55 for finalized due dates and assignment details.

### Welcome Week

A long-standing TCNJ tradition, Welcome Week is the culminating event of your transition to the college. Comprised of 100+ mandatory and optional events, this five-day program for ALL new students will allow you to create memories that will truly last a lifetime. More details, including residential move-in information, will be shared over the summer.

### First Day of Classes!



### Canvas

*your online access to class information and assignment submission*

### First Semester Worksheet

*an interactive online form that provides information and collects your course preferences for fall enrollment*

# CAMPUS MAP



**AIMM:** Art and Interactive Multimedia Building  
**Ed/Ed Caf:** Education Building/Education Café  
**Lib/Lib Caf:** Gitenstein Library/Library Café  
**Mayo:** Mayo Concert Hall (Music Building)

**T-Dubs:** Travers/Wolfe Halls Dining Area  
**The Loop:** Metzger Drive  
 (the road that encloses campus)  
**The Stud:** Brower Student Center



# THE COLLEGE CORE

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*Although students at TCNJ enroll in more than 50 different programs of study, all students complete The College Core. The foundation of your education, The College Core ensures that you have knowledge and skills in areas outside the specific discipline you plan to study.*

Why does TCNJ include this in your college education? Why not just complete a major? The college core will provide you with the skills, knowledge, and experiences that ensure you will be successful during and after college in both your professional and personal life. It will deepen your understanding of yourself and the world around you and will open your eyes to other worlds and perspectives.

**Employers want broadly trained graduates; in fact, 93 percent of employers say that the ability to think critically, communicate clearly, and solve complex problems is MORE important than a job candidate's specific major.**

As an incoming first-year student, you'll need to meet several college core requirements this summer and through your first-year at TCNJ. One of these is the Summer Reading Program (SRP 099), which includes discussion with your classmates and a facilitator during Welcome Week. As a bonus, you'll get to see a live presentation about the book during the first week of classes. Another is Information Literacy (IDS 102), an online, 0-credit course that teaches you how to conduct research for a class and how to find and evaluate information sources. You'll be preregistered into this course this fall.

You'll also take one of the most important of your college core courses during your first-year: the First-Year Seminar (or FYS for short). The FYS is a small, seminar-style class (usually capped at 18 students) that enables you to work closely with peers and a professor on a topic outside of your major. The course options change each year but always offer a variety of topics like time travel, social justice, business startups, pop culture, leadership, and the history of wars (just to name a few).

The FYS builds writing and research skills but requires a certain level of writing readiness for success. To determine that readiness, all incoming students will take the Writing Placement Exam in May. Students will either be placed into the FYS for the fall semester OR enrolled in a First-Year Writing (FYW 102) course to strengthen those skills. Students who take FYW 102 in the fall will then take their First-Year Seminar during the spring semester.

Both the FYS and FYW 102 are topics-based courses, and you will have the opportunity to select your top six choices for each when you fill out the First Semester Worksheet. Although not guaranteed, TCNJ makes every effort to give you one of these six when preregistering you for your fall classes.



# OFFICE OF RECORDS AND REGISTRATION

*Whether it's maintaining the academic and registration calendars, completing degree and enrollment verifications, processing transcript requests, or providing advising resources, the Office of Records and Registration impacts every TCNJ student in a variety of ways.*

There are a few important items specific to first-year students that must be completed before you arrive on campus in August. Please reference the enrollment checklist and First Semester Worksheet information below, and always be mindful of communications from this office!

## Preparing for the First Semester Worksheet

What do you need and what should you think about before starting the First Semester Worksheet? Here are some helpful tips to review so you are prepared when the worksheet opens in early June.

### What You Will Need

- TCNJ Login (username and password)
- 6-digit PAWS ID number
- SAT/ACT scores (if applicable)
- AP scores (if applicable)



**OL**

*orientation leader*

**Dave Muha**

*associate vice president for college advancement and chief communications and marketing officer (Also known as the snow day announcer!)*

**Roscoe**

*TCNJ's friendly lion mascot  
(He loves high fives!)*





# Enrollment Checklist

The following four-step enrollment checklist will provide your academic department and the Office of Records and Registration with the information needed to pre-register you for your first semester class schedule this fall. Visit [firstreg.tcnj.edu](http://firstreg.tcnj.edu) for more information.

## ○ Placement Testing (May)

As a student enrolling at TCNJ, you are required to take the Writing Placement Exam. You may also be required to take additional tests or meet departmental assessments to ensure appropriate course placement in your first-year courses. Access the Placement and Assessment Booklet to determine which tests you need to take. Most TCNJ placement tests are administered online.

## ○ First Semester Worksheet (June)

All students are required to complete the First Semester Worksheet, an interactive and comprehensive online form that collects information used to build your fall class schedule. Access NSO 55 to complete. The worksheet will open in early June.

## ○ Advanced Placement (AP), International Baccalaureate (IB), and College Coursework (June)

AP test scores must be sent to TCNJ through College Board to be considered official. The Office of Records and Registration anticipates receiving AP scores in July and will make adjustments to your fall schedule at that time (if applicable). Please visit the College Board website ([collegeboard.org](http://collegeboard.org)) to learn more and confirm that TCNJ will be receiving scores. **Failure to do so in June may result in scheduling delays in July.**

Official transcripts for IB and other college coursework should be sent directly from the institution to:

The College of New Jersey  
Office of Admissions  
PO Box 7718  
Ewing, NJ 08628-0718

## ○ Your First Semester Class Schedule (July)

Your fall schedule will be finalized and available in PAWS to review in mid-July, just prior to orientation. Questions or concerns can be addressed during Orientation.

## Helpful Tips

- *Language: If your major has a language requirement, give some thought to what you would like to study. TCNJ offers a number of different languages, so incoming students may either continue with one previously studied or start a new one.*
- *You may exit the worksheet and return to it at any time before the deadline without losing your progress.*
- *We highly recommend that you complete the worksheet on either a desktop or laptop computer.*
- *Save or print a summary of your responses after you submit the worksheet.*
- *Technical or troubleshooting questions? Email [fsw@tcnj.edu](mailto:fsw@tcnj.edu).*



**SRP**

*Summer Reading Program*

**NSO 55**

*Online New Student Orientation*

**FYS**

*First-Year Seminar*

# OFFICE OF STUDENT FINANCIAL ASSISTANCE

*In preparation for the 2023–24 Academic Year, the Office of Student Financial Assistance has outlined some important reminders about the financial aid process for both financial aid applicants and non-financial aid applicants.*

*We are here to counsel you on various resources to help fund your college education. Please do not hesitate to contact our office if you need additional assistance.*

## Financial Aid Applicants

### Private Scholarships Reporting

Students must report all private scholarships and grants to this office. Doing so will ensure that your student account will be credited with the correct offer amount and be deducted from your fall tuition bill. Log into PAWS to complete and submit the Private Scholarship Information Form.

PAWS Main Menu → Student Self Service → Campus Finances → Report Private Scholarships

## All Students

### Authorized Users (Auxiliary Access)

Our office recognizes that there is a delicate balance between the responsibility for maintaining student privacy rights and providing effective and efficient service to our students. Due to the federal law known as Family Educational Rights and Privacy Act (FERPA), we are unable to correspond with anyone other than the student regarding financial aid. This authorized user feature allows students to grant a third party (parent, grandparent, aunt, etc.) the ability to review, at the student's discretion, financial aid, billing emails, bill payment, and student record information. Visit the Student Accounts section for more details.

## Non-Financial Aid Applicants

## Financial Aid Offer Notifications

Financial aid offer notifications will be sent in late June to eligible students who have completed their applications and financial aid file. The notifications are emailed on an ongoing basis as students' files are completed and verified. Students should monitor their TCNJ email account regularly for instructions to review financial aid offers in PAWS.

## Federal Verification

If there are outstanding items in students' PAWS "To Do List," financial aid offers cannot be processed until these items are submitted and reviewed.

## State Verification

New Jersey Higher Education Student Assistance Authority may have selected some students for state verification before confirming their eligibility for the New Jersey Tuition Aid Grant.

NJHESAA would have contacted students via email regarding outstanding documents. Students can check the status of their NJTAG offers by visiting [njgrants.org](http://njgrants.org) and logging in to their NJFAMS account. NJHESAA Customer Care Representatives may be contacted by calling 1.800.792.8670. All students will receive an email regarding eligibility for the NJTAG.

## Alternative Loans

Students who are considering applying for an alternative loan should refer to the Alternative Student Loan list at [tcnj.edu/alt-student-loans](http://tcnj.edu/alt-student-loans). To estimate the amount of alternative loan amount needed, refer to the 2022–23 cost of attendance information at [tcnj.edu/cost-of-attendance](http://tcnj.edu/cost-of-attendance). Students can begin to apply for alternative loans in June. If you prefer to wait until the 2023–24 Tuition and Fees rates are announced in July, the amounts can be confirmed in the initial fall 2023 bill. Bills will be emailed to students' TCNJ email accounts by the Office of Student Accounts.

## Installment Payment Plan

Information regarding the installment payment plan will be included in the initial fall bill. For additional information, please visit [tcnj.edu/payment-plan](http://tcnj.edu/payment-plan) or call the Office of Student Accounts at 609.771.2172.

There is still time to complete the Free Application for Federal Student Aid (FAFSA). To file the FAFSA, visit [fafsa.gov](http://fafsa.gov) (**TCNJ School Code: 002642**). Please allow two weeks for processing. Students who are New Jersey residents and want to be considered for state aid should remember to click the State Application link on the FAFSA confirmation page to answer the state questions. Please note that TCNJ cannot certify any alternative loan unless a FAFSA is on file.

Students selected for federal and/or state verification should refer to the information under "Financial Aid Applicants." Financial aid offer notifications are sent to students' TCNJ email accounts on a weekly basis upon completion of their financial aid file.

# OFFICE OF STUDENT ACCOUNTS

The Office of Student Accounts serves the students, faculty, and staff at The College of New Jersey by providing several important services. In preparation for the 2023–24 academic year, please read below to learn more about billing, the tuition payment plan, authorized users, the TCNJ ID Card, parking services, and the student health insurance plan waiver/enrollment process.

## Billing

### General Overview

TCNJ bills separately for the fall and spring semester. Per college policy, billing statements are sent to students (via their TCNJ email address) and authorized users. The college does not send paper bills to students' home residence. Please check your email regularly to ensure timely payment and avoid incurring any late payment fines.

The college offers multiple payment options including online (credit card or e-check), mail, wire transfer, or in person (cash or check only; cash requires a government issued ID). If paying by credit card, please note there is a convenience fee charged by our third-party processor. If paying by paper check, please make sure to notate the student's name and PAWS ID number.

Visit the billing website ([studentaccounts.tcnj.edu/billing](https://studentaccounts.tcnj.edu/billing)) for more details and to access the fall 2023 billing calendar.

### Mandatory Fees

These charges are reviewed and approved by the TCNJ Board of Trustees and charged as part of the semester billing statement. Mandatory fees include the General Service Fee/Capital, Student Center Fee, Student Activity Fee, Student Transitions Fee, and Card Service Fee.

### Student Refunds and Withdrawal/Leave of Absence

Student refunds are processed based on the TCNJ Refund and Repayment Policy. Visit the Student Accounts website ([studentaccounts.tcnj.edu](https://studentaccounts.tcnj.edu)) for more details, including information on financial aid disbursements and overpayments. Refunds are distributed as either checks via U.S. mail or via direct deposit into a student's bank account. The student would need to sign up for direct deposit prior to the refund being processed.

Students who withdraw or take a leave of absence may receive a pro-ration of tuition and mandatory fees based upon when they submit the completed withdraw or leave of absence documentation to the Office of Records and Registration.

**Prior to the Start of the Semester or During the Add/Drop Period:** 100% refund

**End of Add/Drop Period to End of Third Week of Classes:** 75% refund

**End of Third Week of Classes to End of Fifth Week of Classes:** 50% refund

Please view the online academic calendar ([tcnj.edu/academiccalendars](https://tcnj.edu/academiccalendars)) for specific dates. After the fifth week of classes, there are no refunds issued if a student withdraws or takes a leave of absence.

A student who reduces their course load from full to part time will only receive a refund of billable tuition and fees on or before the official last day of the Add/Drop period.



#### PAWS

*Primary Academic Web Services  
(a.k.a. your online student record)*



**EduRoam**  
*TCNJ's Wi-Fi access*



## Tuition Payment Plan

*Transact Campus is the only payment plan offered by The College of New Jersey. It allows you to pay your semester charges for tuition, fees, and room and board in installments. For more information, visit [studentaccounts.tcnj.edu/billing/bill-payment-options/installment-payment-plan/](https://studentaccounts.tcnj.edu/billing/bill-payment-options/installment-payment-plan/).*

### Tuition Payment Plan Features

- Pay for your bill in monthly installments
- Minimal enrollment fee
- No interest charged (this is not a loan)
- No credit check or co-signer needed
- Flexibility to adjust the payment plan as needed throughout the semester
- Monthly payments due on the 25th of every month

### Semester Installment Plan

- Six monthly payments, due on the 25th of each month.
- \$25 enrollment fee (subject to change).
- Fall semester plan runs from July 25 to December 25.
- Spring semester plan runs from January 25 to June 25.

### Enrollment Timeline

**Early July 2023:** Enrollment is available online.

**Late July 2023:** The fall semester bill will be available on PAWS. Students will be notified of the bill via an email notification to their TCNJ email account. Please review the bill and sign up for the payment plan (if applicable).

**July 25, 2023:** First payment due date.



# OFFICE OF STUDENT ACCOUNTS *(cont'd)*

## TCNJ ID Card

The TCNJ ID Card is the official photo identification card for the college, providing easy access to college resources and a wealth of innovative technologies. It allows entrance into campus buildings, fitness facilities, labs, and campus events, in addition to hosting your meal plan and Get-It Points for spending.

The ID card is the property of The College of New Jersey and is non-transferable. Only the person pictured on the ID card will be permitted to spend funds from the account, and at some locations the cardholder will be required to sign a receipt for goods purchased. ID cards will be confiscated if presented by someone other than the cardholder or if the card is involved in inappropriate or illegal use. Fraudulent use of the card will result in disciplinary action.

Students will receive guidelines and instructions on how to upload a photo for their TCNJ ID Card in early summer.

## Get-It Points

The TCNJ ID Card also contains a debit-based feature, where students or parents/guardians can deposit money onto the card via one of the methods listed below. Get-It Points can be used on purchases at the TCNJ Bookstore and certain eateries on campus (including the C-Store and Traditions), as well as for printing services.

There are several ways to make a deposit to your Get-It account:

- Through the Online Card Office via credit card (Visa, MasterCard, and Discover are all accepted).
- At the PHIL machine via cash or credit card (located in the Gitenstein Library).
- By in-person deposit at the Office of Student Accounts (Green Hall, Room 119) via cash, check, or credit card with a government issued photo ID.

The ID card functions strictly as an electronic wallet system. Cash cannot be withdrawn from this account. Refunds are available only when a student will no longer be attending TCNJ (i.e., graduates or withdraws from the college), and are mailed in the form of a check to the student's permanent living address.

## Authorized Users

An authorized user is an individual who has been granted permission, by a student, to view and discuss the student's billing, financial aid, and/or education records. In accordance with the Family Educational Rights and Privacy Act, TCNJ students are eligible to grant authorized user access to up to three individuals with whom they wish to share their account details. Once signed up as an authorized user, these individuals are granted access to the college's online student

system (PAWS) and are eligible to discuss pertinent account details with TCNJ officials who would otherwise be able to discuss this information only with the student. Authorized users will be required to know their PIN that was assigned to them by their student when contacting the college.

Instructions on how to set up an authorized user can be found at [authorizeduser.tcnj.edu](http://authorizeduser.tcnj.edu).

## Parking Services

First-year residential students are not permitted to have a vehicle on campus. However, they are permitted to purchase a parking permit for a maximum of two weeks per semester. To obtain this permit, students must bring their license, vehicle registration, and full payment, to the Office of Student Accounts (Green Hall, Room 119) during normal business hours. For more information, visit [parking.tcnj.edu/resources/students/residents/](http://parking.tcnj.edu/resources/students/residents/).

First-year students commuting to campus may purchase a parking decal online in early August through the Campus Automobile Registration System (CARS). Visit [parking.tcnj.edu](http://parking.tcnj.edu) to access.

Visitors may obtain a one-day parking pass from Campus Police (Administrative Services Building) or the Information Booth located in front of Trenton Hall. For a list of parking lot numbers and locations, visit [parking.tcnj.edu/parking-map/](http://parking.tcnj.edu/parking-map/).

## Citation Appeals

All parking citations believed to be unjustly received may be appealed. Appeals must be filed within 30 days of issuance and submitted electronically on the proper appeal form. Appeals will be handled in accordance with TCNJ's Citation Appeals Board procedures. To file an appeal, log into CARS and click on the "Outstanding Citations" link. Questions may be sent to the Parking Manager by emailing [parking@tcnj.edu](mailto:parking@tcnj.edu) or by calling 609.771.3144.

## Student Health Insurance Plan

All full-time students are charged for the Student Health Insurance Plan (SHIP). All full-time students will need to either enroll/waive the health insurance coverage. There will be an enrollment/waiver period for students to complete either process. If a student has health insurance coverage through an outside provider, they may complete the waiver process. Over the summer, all full-time students will be sent an email to their TCNJ email account with comprehensive details on how to enroll/waive and the deadlines.



## Tuition Refund Insurance

TCNJ is pleased to offer Tuition Refund Insurance through GradGuard. This program provides students with an exclusive suite of benefits designed to help protect you during your academic year. This insurance policy will potentially refund you for the cost of tuition, fees, on-campus room and board up to the chosen policy limits should you not be able to complete an academic term, as recommended by a doctor, for a covered medical reason. Additional information can be found at [tcnj.edu/tuition-refund-insurance](http://tcnj.edu/tuition-refund-insurance).

## Tax Credit for Higher Education

Each year, TCNJ prepares and sends a 1098T Tuition Statement Form, as required by IRS regulation, to all students who made payment toward qualified tuition and related expenses during the prior tax year. These forms are mailed or sent electronically no later than January 31 of the following year.

## Tutorials

There are tutorials and user guides for many of the items discussed in this section. For further information, please view: [studentaccounts.tcnj.edu/paws-tutorials/](http://studentaccounts.tcnj.edu/paws-tutorials/).



***Roar\*TCNJ***

*TCNJ's student involvement  
online portal*



# HEALTH AND WELLNESS SERVICES

## Counseling and Prevention Services

College is often an exciting time filled with great opportunities to learn, grow, and experience new things. It can also create a significant amount of stress. Knowing the mental health and wellness resources available to you will help you plan for those times you might need a little extra support.

**Counseling and Prevention Services (CAPS)** offers counseling, prevention, postvention, advocacy, crisis support, and recovery support services for all currently enrolled students. CAPS has two campus locations: Eickhoff Hall, Suite 107, and Forcina Hall, Suite 308. Clinical and prevention services include brief, solution-focused individual counseling; a wide range of theme-focused, skill-based, and process-oriented groups; crisis intervention services; alcohol and drug support and recovery services; anti-violence initiatives; outreach; consultation and training to faculty and staff; and graduate student clinical training. A clinical case manager also helps connect students to referrals and other support services, both on and off campus. Here are just a few of the common reasons students seek support at CAPS:

- Stress and anxiety
- Depression and loneliness
- Trauma or grief
- Adjustment challenges
- Substance abuse concerns
- Sexual assault/Dating violence
- Relationship difficulties
- Questions about identity
- Managing existing mental health conditions
- Recovery support

CAPS is staffed by a team of licensed mental health professionals as well as interns from both master's and doctoral degree-granting programs under the direct supervision from licensed professionals. All staff members have expertise in working with college student concerns. We maintain a large database of community providers (including programs on or adjacent to campus) who can provide specialized and longer-term care if needed.

Access to services is simple. Just fill out a brief online Request for Services form located within the Online Wellness Link (OWL) portal at [tcnj.mediatconnect.com](http://tcnj.mediatconnect.com) to help us determine how to help. You will then be contacted by a staff member to discuss next steps (generally within a day or two).

CAPS is part of the Health and Wellness Unit at TCNJ. All areas within the Health and Wellness Unit work collaboratively to offer the best services and education to students. Health and Wellness areas include:

- CAPS: Alcohol and Other Drug (AOD) Support Services
- CAPS: Anti-Violence Initiatives
- CAPS: Mental Health Services
- Recreation and Wellness
- Religious and Spiritual Life
- Student Health Services

## Student Health Services

Student Health Services (Eickhoff Hall, Suite 107), provides confidential, convenient, and cost-effective health care services to currently enrolled TCNJ students.

Their team of medical professionals has expertise in primary care as well as specializations in sexual and gynecological health and travel medicine and can provide students with a range of services, including: physicals/wellness visits; management of acute problems such as respiratory illnesses, stomach pains, sprains and strains, and skin rashes; testing for sexually transmitted infections; travel and routine immunizations; and TB testing. More information can be found on the Student Health Services website at [health.tcnj.edu](http://health.tcnj.edu).

Hours of operation during the fall and spring semesters are Monday to Friday, 8:30 a.m. to 4 p.m. It is easy to schedule a visit or an appointment using the Online Wellness Link, OWL, or by calling 609.771.2889.

Student Health Services works to create an open, safe, and inclusive environment for all students, regardless of sexual orientations and gender identities. All medical care is strictly confidential. We want students to be open and honest with us about their concerns and to trust that we safeguard the privacy and security of their health care information. Information about a student's visit to the office can be released only with the express permission of the patient unless mandated by law.

Student Health Services is not able to provide the following: allergy shots; care or monitoring of chronic (long-term), unstable, or complicated health conditions; collection of specimens for laboratory tests ordered by the student's health care provider; physical therapy; on-site pharmacy; administration of medication or treatments ordered by the student's health care provider; dental care, space in the office for infusions and treatments; or the receipt or storage of a student's personal medication or medical supplies.



## TCNJ Pre-Entrance Health Requirements—Due July 15

The state of New Jersey and TCNJ mandate that incoming students meet pre-entrance health requirements. These requirements apply to students who live on and off campus. **The due date for completion of health requirements is July 15, 2023.**

Pre-entrance health requirements may take time to complete. It is important to get started right away by accessing your online new student orientation (NSO 55). This will direct you to the Pre-Entrance Health Requirement webpage. It is important to carefully follow the instructions to ensure you have submitted all necessary information. If you are missing any required vaccinations, contact your health care provider or local retail pharmacy to receive them. Please email Student Health Services at [health@tcnj.edu](mailto:health@tcnj.edu) if you have any questions or problems.

After you submit your health requirements, they will be reviewed by the immunization compliance specialist in Student Health Services, and you will receive notice of the outcome of this review. This email will be sent to your TCNJ email address, so please continue to check it regularly.

**Students with incomplete pre-entrance health requirements on August 1, 2023, will incur a registration hold and, if applicable, be placed on the “No Move-In List” for TCNJ housing.** These holds will be released when pre-entrance health requirements are complete. Students who have not completed health requirements by August 10, 2023, will incur a nonrefundable \$50 late fine. Students living off campus who have not completed health requirements by October 1, 2023, will incur an additional non-refundable \$50 late fine. Extensions will be provided only to students who qualify for a temporary or permanent medical exception.

### PLEASE NOTE:

Prospective varsity student-athletes must complete **additional** health requirements. These requirements are submitted to the athletic training staff in the Department of Athletics through the “Magnus Health” portal. More information will be emailed to all varsity student-athletes over the summer.

Students who submitted health forms to attend Pre-College Summer Programs at TCNJ must still complete the TCNJ Pre-Entrance Health Requirements for incoming undergraduate students.









# RESIDENTIAL EDUCATION AND HOUSING

## Our Philosophy

Living in a residence hall is not only a practical experience but also a social and educational one. Residential Education and Housing has a curricular approach meant to assist students in developing skills related to health and wellness, cultural competence, responsible citizenship, and identity development. Our halls are diverse communities where students from different races, ethnicities, religions, political affiliations, sexual orientations, and many other identities come together to live and learn.

We support this by having a team of professional staff members with master's degrees in student development, higher education, or a related field who live in the residence halls and support students via programming and coaching. Additionally, we have approximately one community advisor (CA) per 25 residents in our first-year community who are assigned to help develop and assist individuals in navigating the challenges of living in the residence halls and being a college student.

TCNJ houses students according to cohort. This means all sophomores live together, all juniors and seniors live together, and all first-year students live together. This allows us to provide support, programming, and resources most relevant to the developmental needs and interests of students.

Living in the residence halls is a significant adjustment from living at home with family or other support networks. Many of our students will have a roommate and share a small space for the first time in their lives. It may also be their first time living away from family. We especially recommend you review our website to learn more about how the college helps students navigate community and roommate conflicts. Specifically:

- All roommates are expected to complete a shared living agreement to discuss expectations related to noise, guests, cleanliness of the room, and which personal belongings are sharable and which are not.
- Due to the number of first-year students who choose housing, room changes are very difficult to coordinate, especially in the first semester.

- Our first step is to revisit the shared living agreement or to recommend mediation. In some cases, residents may work with our office to coordinate a one-to-one room swap, providing there is another set of roommates in their cohort willing to swap with them.
- Living with people you don't know well is challenging. Living with those you know well but have never lived with is often more difficult. By participating in this process of revisiting the roommate agreement and entering mediation, students are often able to create effective resolutions to their conflict. They also gain confidence and skills in communication and conflict resolution.

On the following pages, you'll find information to help you prepare to become a residential student. Please be sure to visit our website for more information, including a suggested packing list, policies, videos, images of residential facilities, and more!



**CA**  
*Community Advisor*

**ABE**  
*Allen, Brewster, and Ely Halls*

**Cent**  
*Centennial Hall*

**Crom**  
*Cromwell Hall*

**Nors**  
*Norsworthy Hall*

**Towers**  
*Travers and Wolfe Halls*

# RESIDENTIAL EDUCATION AND HOUSING *(cont'd)*

## I Want to Live on Campus!

*Applying for housing at TCNJ is easy as 1-2-3!*

### #1

Access your online new student orientation (NSO 55). Once logged in to MyHousing, select Housing Application.

### #2

Click on the Academic Year 2023–24 Application.

### #3

Fill out the required information and sign your housing contract.

Housing applications will be available beginning **Tuesday, May 30, 2023**. Students who would like to live on campus should submit their housing application by **Sunday, June 18, 2023 at 11:59 p.m.** First-year students will have the opportunity to self-select their bed space. Students who apply and sign the housing contract by the deadline will be eligible to participate in the Room Selection process, which will take place between **June 26–29, 2023**.

## Housing Accommodations

Students who believe they need special housing accommodations for medical or physical challenges must work directly with our Accessibility Resource Center. Information about the process can be found at [arc.tcnj.edu](http://arc.tcnj.edu). Please note: Students approved for accommodations may live in a residence hall that is not with first-year students.

## Requesting a Roommate

First-year students with an active housing application will have the opportunity to form a roommate group with their desired roommate(s) to be housed together. The Roommate Group step of the 2023–24 housing application will be available from Tuesday, May 30, 2023, through Sunday, June 18, 2023 at 11:59 p.m.

Please note: roommate matching is optional. All first-year students have the option to form a roommate group with whomever they choose. We encourage you to consider what you want out of your on-campus living experience at TCNJ; whether you decide to live with a chosen roommate or meet someone new, our goal is to ensure you are happy and thriving as a member of our campus community!

## Move In Requirement — Clear Health Hold

The state of New Jersey and TCNJ require all new students to complete pre-entrance health requirements as a condition for entry to campus housing. Please review the TCNJ Pre-Entrance Health Requirements section of this booklet for more details.

# BRING THIS, NOT THAT!

As stores start promoting sales on all that amazing “Back to School” residence hall room design, please keep a few things in mind.

## #1

Aside from personal essentials, don’t make major shared purchases (i.e., TV, fridge) until you have your roommate assignment.

## #2

Residence hall rooms are shared spaces. You may want to pack just the essentials, knowing that Labor Day is a three-day weekend and an opportunity to stock up on anything else you need.

## #3

Be aware of our Residential Expectations: Behavioral Expectations and Regulations. There are a number of prohibited items. That cool wall-sized tapestry you bought last weekend could be a fire hazard that you would need to send back home. Here are just a few of the more common items:

Bring This	Not That!	Why?
<i>Surge Protector</i>	<i>Extension cords</i>	<i>Extension cords are meant for temporary use and can be a fire hazard with frequent or long-term use. Surge protectors will protect valuable electronics from power surges and many do come with longer cords.</i>
<i>Fans</i>	<i>Portable heaters or air conditioners</i>	<i>Portable heaters and air conditioners can overwhelm the electrical capacity of the residence halls.</i>
<i>Plug in air fresheners, air deodorizers</i>	<i>Candles or incense</i>	<i>Candles and incense are a fire risk.</i>

# MEAL PLANS

## Meals Per Week Plans

Who is eligible: All TCNJ students (residents and commuters)

Meals per Week plans are by far the most popular among students living on campus. They offer students flexibility and variety at a great value.

Meals per Week plans contain three main components:

- **Access to The Atrium at Eickhoff:** Set number of times to access The Atrium at Eickhoff each week.
- **Points:** These points give you flexibility around campus, as these can be used at any of our retail locations. One point = \$1. Points carry over from fall to spring as long as you have a spring meal plan. However, any remaining points are forfeited at the end of the spring semester.
- **Meal Equivalency and Guest Swipes:** The 19, 15, and 10 Meals per Week plans also include (5) Meal Equivalencies and (2) Guest Swipes per week (Monday–Friday). A Meal Equivalency can be used at retail dining locations, and Guest Swipes can be used to swipe in a non-meal plan holder. Only one Meal Equivalency swipe may be used per day for a maximum of \$8.50.

To explore options for meal plan changes, students can visit the MyHousing Portal. The deadline for meal plan changes is Wednesday, August 30, 2023.

Please refer to the chart below for details on our Meals per Week plans:

Plan	Flex Points for 2022–23*	2022–23 Pricing Per Semester*
<b>19 Meals per Week</b>	\$185.00	\$2,581.63
<b>15 Meals per Week</b>	\$308.00	\$2,527.85
<b>10 Meals per Week</b>	\$485.00	\$2,468.68

\*All pricing and point allocation stated reflects the 2022–23 academic year rates. There will be a fee increase for the 2023–24 academic year, as determined at the July 2023 Board of Trustees meeting. Please check the [dining website](#) for updates.







Yearly  
Rental Fee  
\$169.99

# “Move-In Day” Just Got Much Easier.

Geared toward today's student, our easy online ordering option means just a couple of clicks and you're on your way!

**MyMicroFridge.com Delivers. Literally.**  
Order by August 1st and your MicroFridge will be in your room before you arrive on campus.

**Specially designed for residence hall rooms**, our units offer plenty of space for both roommates. **Share the cost**, and **avoid the expense and hassle** of purchasing, transporting, and storing a unit of your own.

And no worries, if both roommates reserve one we will automatically refund one order.

**CSI CAMPUS  
SPECIALTIES**  
INC.  
**MICROFRIDGE 1DEFENSE**  
SMOKE SENSOR

## Refrigerator

- › 2.13 cu. ft. Fridge
- › Two full-width wire shelves
- › Two door racks with 2-liter bottle storage
- › Temperature control

## Freezer

- › .74 cu. ft. freezer
- › Separate zero-degree frost-free freezer provides long-term frozen food storage
- › Full-width door shelf

## Microwave

- › 700 watts provide superior cooking
- › Electronic touch pad controls with LED display and clock
- › 3 cooking levels – high, medium and defrost
- › Turntable system provides even cooking

Visit us at [mymicrofridge.com](http://mymicrofridge.com) or call 1.800.525.7307

# HELPFUL LINKS

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**Accessibility Resource Center:**

[arc.tcnj.edu](http://arc.tcnj.edu)

**Authorized Users:**

[authorizeduser.tcnj.edu](http://authorizeduser.tcnj.edu)

**Billing:**

[studentaccounts.tcnj.edu/billing](http://studentaccounts.tcnj.edu/billing)

**Card Services:**

[cardservices.tcnj.edu](http://cardservices.tcnj.edu)

**College Board (AP Scores):**

[apscore.collegeboard.org/scores](http://apscore.collegeboard.org/scores)

**Computer Recommendations:**

[tcnj.edu/laptop](http://tcnj.edu/laptop)

**Counseling and  
Prevention Services (CAPS):**

[caps.tcnj.edu](http://caps.tcnj.edu)

**Dining Services:**

[tcnj.sodexomyway.com](http://tcnj.sodexomyway.com)

**Family Education Rights and  
Privacy Act (FERPA):**

[recreg.tcnj.edu/student-privacy-rights](http://recreg.tcnj.edu/student-privacy-rights)

**First-Year Experience (Summer  
Reading Program Information):**

[fye.tcnj.edu](http://fye.tcnj.edu)

**First-Year Seminar (FYS):**

[fsp.tcnj.edu](http://fsp.tcnj.edu)

**IT Help Desk:**

[helpdesk@tcnj.edu](mailto:helpdesk@tcnj.edu)

**Online Wellness Link:**

[tcnj.medicatconnect.com](http://tcnj.medicatconnect.com)

(Patient Portal)

**Register The Pride (New Student  
Registration and Enrollment):**

[firstreg.tcnj.edu](http://firstreg.tcnj.edu)

**Residential Education and Housing:**

[housing.tcnj.edu](http://housing.tcnj.edu)

**Student Accounts:**

[studentaccounts.tcnj.edu](http://studentaccounts.tcnj.edu)

**Student Financial Assistance:**

[financialaid.tcnj.edu](http://financialaid.tcnj.edu)

**Student Health Services:**

[health.tcnj.edu](http://health.tcnj.edu)

**Student Transitions:**

[studenttransitions.tcnj.edu](http://studenttransitions.tcnj.edu)

**TCNJ Today:**

[today.tcnj.edu](http://today.tcnj.edu)

**The College Core:**

[liberallearning.tcnj.edu](http://liberallearning.tcnj.edu)

**Tuition Payment Plan:**

[tcnj.edu/payment-plan](http://tcnj.edu/payment-plan)

**Tutoring Center:**

[tutoringcenter.tcnj.edu](http://tutoringcenter.tcnj.edu)

**Writing Program:**

[writing.tcnj.edu](http://writing.tcnj.edu)

